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January 2, 2009

You Say You Want a Resolution

The only thing easier than making resolutions is breaking them. And like anyone who has ever given into temptation only two weeks into the new year, we feel your pain.

That's why we've come up with the [SweetSpot Resolutions Guide](#).

Jam-packed with 24 ideas to kick-start the New Year, our picks will help you start 2009 on the right foot.

From ways to **Get Saving** to how to **Get Green**, we've scoured the web to find products that will ensure your hard-



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We've found some chicken soup for the smart shopper's soul: **Up to 60% off at HomeSense.** Eat, live and sleep well with products such as flavoured teas, yoga accessories and lush bedding. Visit [HomeSense.ca](#) for hours and locations.

to-meet resolutions stick. We've devised fun ways to **Get in Touch** (sans Facebook) and **Get Cultured**. And the usually-impossible tasks of getting **Fit, Smart, Centred** and **Organized** become totally tackle-able, thanks to our unique finds.

It's our way of saying thanks for a great 2008.

Happy New Year!


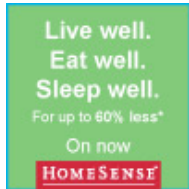
Sweetspot Resolutions Guide

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